

What is claimed is:

1. A bone fixation apparatus, comprising:
 5 an intermedullary nail having a longitudinal axis and a proximal tip;
 a blade having a second longitudinal axis, said blade defining a recess
 extending in substantial parallel alignment with said second longitudinal axis, said
 recess configured to receive said proximal tip; and locking member to interconnect
 said tip and said blade.
- 10 2. The apparatus of claim 1, wherein said recess is at least partially enclosed.
3. The apparatus of claim 2, wherein said recess is enclosed on three sides
 and open on a fourth side.
- 15 4. The apparatus of claim 3, wherein said recess extends along the second
 longitudinal axis over at least half of the length of the blade.
5. The apparatus of claim 1, wherein said blade further includes an aperture in
 20 communication with said recess, said aperture adapted to receive a fastening
 member configured for engagement with said tip.
6. The apparatus of claim 5, wherein said aperture is a slot.
- 25 7. A method of stabilizing long bone fractures, comprising:
 providing an elongate fixation member and a transverse stabilizer having a
 recess for receiving at least a portion of the elongate fixation member;
 obtaining access to the intermedullary canal of a long bone;
 positioning the elongate fixation member in the intermedullary canal;
 30 aligning the recess of the transverse stabilizer with the tip of the elongate
 fixation member;

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